

External Support Services available to Students include

eHeadspace - <https://headspace.org.au/eheadspace/>

Kids Helpline - <https://kidshelpline.com.au/> Phone: 1800 551 800

Youth Beyond Blue - <https://www.youthbeyondblue.com/>

Mood Gym - <https://moodgym.com.au/>

Student Wellbeing Hub <https://studentwellbeinghub.edu.au/>

Lifeline - <https://www.lifeline.org.au/about-lifeline/lifeline-information/lifelines-services>

### **Headspace**

Headspace Geraldton is a free and confidential health service for young people aged between 12 and 25 years.

Phone: 99438111

Office: 193 Marine Terrace

Geraldton, WA. 6530

Self-referral or school referral process available.

Free counselling service.

<http://headspace.org.au/headspace-centres/geraldton/>

### **Helping Minds**

Supporting the emotional wellbeing of children and their families in Regional WA.

Phone: 9964 4688

Office 180 Dulacher Street

Geraldton, WA 6530.

Self-referral or school referral process available.

Free counselling service.

<http://helpingminds.org.au/>

### **360 Health Centre Geraldton**

Youth mental health first aid courses available for staff and parents.

School and self-referral for child mental health services.

Phone: 99606800

Fax: 0862101447

Office: Level 1, 5 Chapman Road

Geraldton, WA. 6530

<http://www.360.org.au/>

### **Geraldton Psychologists**

Amy Seear

Phone: (08) 9921 7498

5D Burges Street

Geraldton, WA 6530

Kim Weatherston

Phone: 0438 642 769

Room 6/75A Forrest Street

Geraldton, WA 6530

Tim Milnes

Ph: 08 9921 8853  
28 Sanford Street  
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